

THE SCREEN CHALLENGE

Youth, Social Media & Safety Parent Presentation

A **60-minute live presentation for parents** to help address current issues associated with youth engaged in social media.

Presentation can be customized to include any of the related topics:

- **Cyberbullying**
- **Sexting**
- **Self Esteem**
- **Sleep**
- **Addiction**
- **Mental Health**

This engaging presentation includes:



Up-to-date statistics (2018)



Current popular social media platforms

*We all have the same goal in mind...
the health, well-being and safety of our children.*



Western
Centre for School
Mental Health

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