What did you wish you knew as a new teacher?

1. How to talk to parents about their child’s mental health.
2. The importance of asking for help.
3. How to seek support from administration.
4. How to manage behaviors in the classroom.
5. You aren’t alone.
7. Stay true to yourself.
8. How to reframe negative experiences.
9. Take time for yourself.
10. Set realistic goals for yourself.
11. Be sensitive to a child’s personal life.

*Artwork by Tiff*